

PSHE & RSE at Woodland

Intent

- To provide a comprehensive and engaging PSHE curriculum which delivers high quality life skills education for children, providing them with information about themselves and the diverse world around them, so that they can reach their full potential both now and in their future roles within society.
- To ensure that our curriculum fits the context of our current environment and our school's local context.
- To ensure an inclusive curriculum so that pupils are supported in developing their knowledge, vocabulary, and key skills such as decision making, communication, informed risk taking and self-regulation strategies.
- To prepare pupils for adult life and its decisions, responsibilities, experiences and opportunities.
- To deliver Relationships and Sex Education which is appropriate to the age and maturity of our pupils and enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in the future.
- To ensure a progressive curriculum with carefully mapped topics which build on prior learning; embedding knowledge and skills which will enable children to access the wider curriculum.
- To help children to understand the importance of their physical and mental health, understand emotions and feelings, and have strategies to help them become resilient and confident young adults.

Implementation

- Children are taught regularly timetabled lessons by a member of staff with whom they are familiar.
- Our curriculum is designed so that children can commit the key skills and knowledge to their long term memory. This is achieved through building upon previously knowledge and regularly revisiting key topics in more depth throughout KS1 and KS2.

- Key topics:

Road Safety
Water Safety
Substance Misuse
Risk Taking /Safety
Emotional Health
Healthy Eating
Financial Education
Democracy
E-Safety

Cycle Safety
Healthy Eating
Tobacco
Diversity
Coping Strategies
Healthy relationships/bullying Puberty/Growing up
British Values
Citizenship

- Lessons are adapted to meet the needs each individual class whilst ensuring that all components of the curriculum are taught so that children are equipped with the necessary knowledge and skills before leaving Primary School.
- Lessons are delivered in a way that ensures children feel safe and participation is encouraged through using a range of teaching approaches with opportunities provided for children to develop their critical thinking and relationship skills
- Assemblies, themed days/weeks, visits and visitors are used to support teaching.
- We work in partnership with parents, ensuring that they are informed of what their child will be learning and when.
- Some topic knowledge is embedded through teaching within other subjects, especially Computing, Maths and Science, for example the teaching of e-safety within Computing lessons.
- Children with SEND will be supported to access health, relationships and sex education through high-quality, teacher-led quality first teaching, following the guidance of the SEND code of practice.
- Assessment will ensure the effective teaching of PSHE and will be carried out using baseline and summative assessments. Learning is captured through written work, activities and recording responses during class discussions.

Impact

- Our curriculum and wider provision will ensure that children will be equipped to support their decision making in regards to their wellbeing, health and relationships.
- Children have the tools and knowledge to move onto the next stage of their education with self-confidence and a high sense of self-worth.
- Children are prepared for life in modern Britain and have the knowledge and skills needed to keep themselves safe, succeed and thrive.
- Children build upon their understanding of British Values in an age appropriate way, in order for them to become positive citizens in a forever changing community and ultimately preparing them for life and work in modern Britain.
- Children have high self-esteem, are resilient, able to self regulate and have an understanding of their own health, wellbeing, emotions and mental health.
- Children have an understanding of risk taking and are able to make balanced decisions.
- Children understand the importance of looking after their own physical and mental health and have knowledge of how their bodies will grow and change as they get older.
- Children are able to recognise and develop good relationships with others. They have the skills and knowledge to report concerns to appropriate adults.
- Children will treat each other with kindness and respect and will have empathy and respect for the rights of all individuals.

